

Join us for our annual

Spring Cleanse!

Jumpstart your spring transformation with a detoxification program guided and supported by our Naturopathic Doctors.

What's included?

Our three-part **virtual lecture series** allows you to join us from anywhere and have step-by-step guidance from Naturopathic doctors.

Your **10-day cleanse kit** provides everything you need to support your liver detoxification pathways.

Body composition testing before and after the program help you and your naturopathic doctor see your progress and map your future strategies.

(\$250+tax)

Lectures run 6-7pm:

Wednesday, May 14 (*Cleanse begins Tuesday, May 20*)

Thursday, May 22

Wednesday, May 28

Can't make it at that time? Recordings and lecture handouts will be available to keep you on track!



Please register with the front desk!