

MIGRAINE AND BOWEN THERAPY RESEARCH STUDY



Nikke Ariff studied the efficacy of Bowen therapy on 39 migraine headache sufferers. The study participants suffered with migraines from 1 to over 30 years. The Program was carried out over a 6 week period. This was comprised of a two week treatment period during which the volunteer received three Bowen treatments in the first two weeks of the program, followed by a four week observational period. The migraine volunteer kept a migraine diary throughout the 6 week period, which was completed after every migraine attack experienced during the research period. Thirty-one of the thirty-nine participants (79.5%) experienced a positive result. At the conclusion of the 6 week trial, 36 of the 39 participants said they would recommend Bowen as a treatment to a friend or colleague. Please visit www.bowtech.com for more information